## SKILLS ASSESSMENT TEST

This test is performed while wearing full turnout gear, including a self-contained breathing apparatus less the face piece and with no air hookup. The applicant should pace him/herself as the scene of a fire, keeping in mind that sufficient reserved must be maintained to accomplish the subsequent tasks. All weights and measures are approximate. Applicant must complete the following Skills Assessment Course in a total time of 6 minutes and 50 seconds or less.

### TASK #1 - HIGH RISE STAIR-CLIMB EVOLUTION:

Carry a high-rise standpipe pack (2 sections of 1-3/4 inch hose, approximate weight 50 pounds) to the fifth floor (or equivalent) of a drill tower or high rise building. The free hand may be used to assist in the climb by pulling on the handrails. The event starts when the firefighter picks up the hose load, and ends when the hose load is deposited in the circle marked on the fifth floor. Going "all out" on this event can put the firefighter into an anaerobic condition from which rapid recovery is difficult. Not unlike the scene of an actual fire, the firefighter needs to pace his/herself to ensure that sufficient reserve is maintained to perform once at the floor of the fire or on the subsequent tasks.

#### TASK #2 - HOIST EVOLUTION

This event starts as soon as Task #1 is completed. With the aid of a one-half inch rope, pull with a hand over hand motion the equivalent weight of a 50 foot section of 2.5 inch hose (=48 pounds). Distance to be pulled will be a maximum height of five (5) stories. Pull smoothly, to ensure that the load doesn't become tangled on the way up. When this evolution is complete, enter the stairway for the return to the ground level.

#### TASK #3 - FORCIBLE ENTRY EVOLUTION

This event starts as soon as Task 2 is completed. *Walk* down the stairs, making contact with *every step*. No skipping of steps is allowed on the way down. Employing the calibrated Keiser Forcible Entry Simulator, (or equivalent) and with a sledge hammer provided, drive the H beam (approximate weight 165 pounds) five feet by striking at the end of the girder. No pushing is allowed. The end of the device must be struck squarely and distinctly. Time for this event is completed when the end being driven crosses the five foot line. Completion of this task starts the timing of the next event.

#### TASK #4 - IN HOSE ADVANCE

After walking the required distance of 140 feet, pick up the nozzle end of the 1.5 inch hose and drag it to the box marked on the ground (a distance of 75 feet). Open the nozzle once at or in the box. This completes Task 4, and begins the final task.

#### TASK #5 - VICTIM RESCUE EVOLUTION

Lift and/or drag a 175 pound victim a distance of 100 feet. The victim (and participant) must cross completely over the finish line. The task is best accomplished by flexing the hips and the knees, wrapping your arms around the torso, interlocking the fingers or clasping hands and lifting or dragging with the legs. Lift the victim by extending the knee joints while maintaining a straight back. The Skills Assessment Test is complete when the victim and participant clear the finish line.

# SKILLS ASSESSMENT TEST

The next step is the Skills Assessment Test. In order to take this exam you must have medical clearance from a physician and have passed the written exam.

Any applicant that does not attain a minimum time of 6 minutes and 50 seconds or less in the Skills Assessment Test will be eliminated from further consideration as a candidate for the position of Firefighter/Paramedic.

An applicant must also attain this minimum time of 6 minutes and 50 seconds or less in the Skills Assessment Test before he or she will be eligible for the bonus points.

Bonus points will be earned based on the following schedule:

6 minute 50 seconds	minimum
4 minutes 57 seconds to 6 minutes 50 seconds	4 points
4 minutes 30 seconds to 4 minutes 56 seconds	8 points
3 minutes 57 seconds to 4 minutes 29 seconds	12 points
3 minutes 16 seconds to 3 minutes 56 seconds	16 points
3 minutes 15 seconds or less	20 points